

## The Mission of Key Point's Residential Program

is to provide housing, supportive services, and living skills training to enable our clients to lead more independent lives in the least restrictive community setting.

### Services

A written service plan is developed for each client upon admission to the program. The plan is coordinated with the Mental Health Clinic and Psychiatric Rehabilitation Programs. Collaborative meetings between these staff are regularly held to review progress and develop new goals with our clients.

Trained Residential Rehabilitation Counselors assist clients in the development of community living skills. Some typical areas of instruction include:

- 🔑 Safety and Life Management
- 🔑 Medication Management
- 🔑 Symptom Management
- 🔑 Budgeting and Money Management
- 🔑 Community Awareness
- 🔑 Community Integration Activities
- 🔑 Socialization Skills
- 🔑 Personal Care
- 🔑 Shopping and Meal Preparation
- 🔑 Recreation
- 🔑 Transportation Skills

### Staffing

Residential Counselors work both individually and in small groups providing support and supervision. Staff assist clients with coordinating mental health, dental, and medical services. Independent living skills instruction is provided to clients to assist them in being able to live with a minimal amount of assistance. Staff are available twenty-four hours a day, seven days a week and all holidays. A trained mental health professional is on call via cell phone on evenings, weekends and holidays providing quick access to staff when needed.

### Funding

Funding for residential services is provided by State supplements, client resources and entitlements. Case management is provided to all clients to access eligible entitlements, as well as legal, medical, psychiatric and social services. Rent, basic utilities and local phone service are managed with the client by Key Point Health Services, Inc.

### Living Arrangements

Clients may share a fully furnished apartment or townhouse with one or two other roommates. Each client has their own bedroom. Clients receive an array of services depending on need. Rehabilitation goals are developed with the client.

### Residential Program Eligibility

To be eligible for residential placement, an applicant must:

- 🔑 Have a primary psychiatric diagnosis that meets the target population requirements as set forth by the Maryland State Department of Health and Mental Hygiene;
- 🔑 Be in need of rehabilitation services;
- 🔑 Be able to participate in rehabilitation services;
- 🔑 Be willing to participate in services.

### Referrals

Referrals to Key Point Health Services Residential Program are coordinated through local care service agencies. If you are in need of services or know someone in need contact Value Options to make a referral: 1-800-888-1965 or call the numbers listed on the back.

